

# wright{health}

W E L L N E S S • C O A C H



## Hi, I'm Austin Wright

- Lost 110+ lbs over 2.5 years.
- Now an avid trail-runner & Spartan racer.
- Speaker at many Fortune 500 companies, expert panels, and conferences.
- Focused on inspiration, motivation, and unlocking potential. *Not* on weight loss.
- Spent the last few years running the tech behind Apple's wellness programs.
- Father to 3 incredible kids, a techie, entrepreneur, and wellness enthusiast.

## Speaking Options

\*fall special pricing\*

### keynote kick-off

- 45 minute motivational speech
- 30 minute general audience Q&A
- 45 minute individual meet 'n greet
- Guest in company-wide Slack / Teams channel for a week
- **BONUS: Employees get a 3 month free membership to the Burst Fitness App!**

\*a \$45 per employee value

**\$1,500**

~~**\$2,500**~~

### lunch 'n learn series

- 3 - 45 minute sessions (typically spread out over a month)
- 15 minute Q&A for each session
- Guest in company-wide Slack / Teams channel for the month
- **BONUS: Employees get a 6 month free membership to the Burst Fitness App!**

\*a \$90 per employee value

**\$2,500**

~~**\$3,000**~~

[www.wrightstuff.com](http://www.wrightstuff.com)

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